

Roehampton Limb User Group

*We offer a friendly hand with a spring in our step
A welcome to join us at our evening talks*

Roehampton Limb User Group (RLUG) is a patient led user group run by elected patient volunteers, and meets in The Brysson Whyte Unit, Douglas Bader Rehabilitation Centre, Queen Mary's Hospital, Roehampton Lane, London, SW15 5PN. See foot for dates. RLUG posters will give details or online <http://rlug.org.uk>. Register for membership to our talks from speakers covering all aspects of living with prosthetic limbs to wearing Orthotics supports.

If you are a new or established amputee or a person with limb absence this is YOUR CONTACT GROUP. Persons under 18 years can come with a parent or guardian. Do bring your ideas and talents and make us of value to you. Past as well as current inpatients meet up to chat and swap experience. Our hub is always scouting for abilities and skills. RLUG links with other user & support groups for sport / leisure

Why you may benefit

- ✓ **Your Roehampton Limb User Group gives you greater access to** discussion on prosthetic device development plus opportunities to say what is important to the decision makers. This ensures that Roehampton limb service users receive the best possible service standards.
- ✓ **Shared understanding and friendship**
Evening meetings are worthwhile to attend because the speaker topics are current and boost your knowledge to get on with life. Catch up chats means experience counts. We link up with other user / support groups for daytime swimming & socials. Find out about your activity and be healthy.
- ✓ **Make RLUG count. If you have a good idea, share it!**
If proposed to the Trust it may be acted upon or reasons given if not. You can have your voice heard or you are welcome just to visit and listen.
- ✓ **It is where news from the Hospital, Prosthetic and Orthotics**, disability living information, concerns and triumphs are shared, aired, and where campaigns and projects can start. Come and add your strength to ours.

Please email via <http://rlug.org.uk> or pick up info at the Prosthetics Reception
2017 open meeting March 29, 26 April, June 28 (4pm), Sep 25, and Nov 29
2017 Day time social events March 11, May 10, Oct 14, check for updates.